

Reflections School of Dance 2011-2012 Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Studio A		Mom & Me (9:30-10) (2-3 yrs)	Creative Dance (9:30-10) (3-4 yrs)	Ballet/Tap (ages 4-6) (9:30-10:30)		Creative Dance (9-9:30) (3-4 yrs)	
AM		Pre-Dance (10:15-11:15) (4-5yrs)	Pre-Dance (10:15-11:15) (4-5yrs)	Jazz / Tap (open) (10:45-11:45)		Pre-Dance / Ballet 1 (9:45-10:45) (5-6 yrs)	
4PM	Tap 1 (6-9 yrs)	Creative Dance (3:30-4pm) (3-4 yrs)	Open Ballet (11:15-12:15)	Creative Dance (3:30-4pm) (3-4 yrs)	Acro Jazz (3:45-4:45pm) (8-12+ yrs)	Ballet 2/3 (10:45-11:45am) (7-12+ yrs)	
		Pre-Dance (4-5pm) (4-5 yrs)	Pre-Dance (4-5pm) (4-5 yrs)	Rec. Hip-Hop (4-5pm) (8-12 yrs)			
5PM	Ballet 1 (6-9 yrs)	Ballet 4 (Pre-Pointe)	Ballet 3 (8-12 yrs)	Ballet 4 (Pre-Pointe)	Dunamis Rehearsal (4:45-6:15)	12 PM	Jazz/Hip-Hop (open)
6PM	Jazz / Hip-Hop 1/2 (6-9 yrs)		Lyrical 3 (8-12 yrs)	Rev./Company Rehearsal (6-7:30)	Tap 2 (6:15-7:15) (8-12 yrs)	1PM	Lyrical (open)
7PM	Advanced Jazz	Ballet 5 (Pointe)	Jazz 3 (8-12 yrs)	Ballet 5 (Pointe) (7:30-9)	Tap 3 (7:15-8:15) (Teen)	2PM	Pilates
8PM	Open Modern		Teen Hip-Hop (w. Miss Izzy)		Adv. Contemporary Choreography (8:15-9:15)		Sunday Company Rehearsal (6-9pm)

Studio B

	Monday	Tuesday	Wednesday	Thursday
4:30 PM	Ballet 3 (8-12+ yrs)			Ballet 1 (6-9 yrs)
5:30 PM	Lyrical/Jazz 3 (8-12+ yrs)	Ballet 2 (7-10 yrs)		Lyrical 1 (6-9 yrs)
6:30 PM	Pilates	Lyrical / Jazz 2 (7-10 yrs)		Revolution / Company Rehearsal
7:30 PM		Adult Ballet (7:30-9)		

Teachers
Miss Debbie
Miss Jenny
Miss Laurie
Miss Jodi
Miss Samantha
Miss Emily
Miss Izzy

Space Available
Almost Full
Full, Inquire
Waiting List, Inquire

Revised 2/8/12

REGISTRATION FORM

Name: _____

Age/DOB: ____/____/____

Address: _____

Phone(s): _____

Emergency Contact: _____

Email(s): _____

Special Needs: _____

Dance Experience: _____

Classes: _____

(List more on back)

Parent Signature* _____

Print: _____

Sign: _____ Date: __/__/__

*signifies agreement to policies, emergency medical treatment if needed, and release of liability from "Reflections School of Dance."
Note: BOTH parents signature is required.

Please include non-refundable \$25 registration fee with form.
(+\$5 for each additional family member)

Referred by: _____

Directors Len & Debbie Wiens
13823 Seattle Hill Rd. Snohomish, WA 98296
425-338-9056 dance@reflectionsschoolofdance.com
www.reflectionsschoolofdance.com

Hours	Tuition (paid per month)		
	Tuition	5% Discount	10% Discount
30 min *	\$40	\$38	\$36
1 hour	\$55	\$53	\$50
1.5	\$85	\$80	\$76
2 hours	\$105	\$99	\$94
2.5 hours	\$127	\$116	\$114
3 hours	\$148	\$141	\$133
3.5 hours	\$168	\$160	\$151
4 hours	\$185	\$175	\$157
4.5 hours	\$200	\$190	\$181
5 hours	\$215	\$204	\$194
5.5 hours	\$230	\$219	\$207
6 hours	\$244	\$232	\$220
Unlimited 1	\$230	\$219	\$207
Unlimited 2	\$280	\$266	\$252
Unlimited 3	\$330	\$313	\$297

*Non-Combinable

Discounts

Loyalty Discount – Consecutive years with Reflections.
3+ yrs = 5% off 7+ yrs = 10% off

Ministry Discount – Involved in full-time paid ministry.
10% off

Military Discount – Active-duty military families.
10% off

Team Discount – A member of a Reflections Team.
10% off

Contact Us

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Class Descriptions

Mom & Me

A 30 minute class with mommy (or caretaker) that enhances motor skills, creativity and musicality.

Creative Dance

Fun and expressive movement for 3-4 year olds. A 30 minute class that increases rhythm, coordination and movement awareness.

Pre-Dance

Specifically for 4 and 5 year olds, dance class experience in a fun, yet structured atmosphere preparing dancers for ballet technique by introducing barre work & basic terminology.

Ballet

As the foundation of all kinds of dance, ballet is encouraged by all serious students in order to excel. All ballet classes include stretching, barre work, & center combinations.

Teacher placement is required for levels 3 & up.

Pre-Pointe/Pointe

"Pointe dancing is an elite form of ballet, requiring years of training and dedication. While appearing light and ethereal, the dancer must be extremely strong. She has to have the technical skill to align her muscles and bones perfectly over the toes of one foot (about a square inch), while making it look effortless. Only students with the proper strength and dedication should go on pointe. – Miss Jenny

Modern / Lyrical / Contemporary

A style of theatrical dance that bends the strict rules of classical ballet and favors movement deriving from the expression of inner feeling. Incorporates fluid expression, using gravity pull and natural movement.

Hip-hop / Jazz

Jazz technique with a funky Hip Hop mix that keeps the dancer moving quickly and thinking on her feet. All music and choreography is current, tasteful, and age appropriate.

Teacher placement required for Advanced Jazz.

Pilates

Also called Contrology by Joseph Pilates for the practice of mind controlling the muscles. Pilates is an excellent compliment to a ballet dancer's training in strengthening, flexibility, legs, abdominals, arms and back.

Company & Teams

Intensive professional and training groups for intermediate/advanced dancers using styles and choreography carefully selected to reflect those characteristic to the Christian lifestyle. These students gain leadership training, performance opportunities, involvement in the creative choreographic process and the option of taking part in the Company Mission Trip & Outreach.

Privates

Private training is encouraged and available with all of our teachers; please contact the office.

Notes

Children are required to be class-minimum age by September 1st upon enrollment in a class.

Ages within levels are approximate and are often dependent on ability.

\$25 per 30 min. (current students) / \$35 per 30 min.

Directors



Miss Debbie
Coach, Ballet,
Jazz, Lyrical,
Hip-Hop, Tap,
Modern



Mr. Len
Administrator
& Events
Coordinator

Faculty



Miss Jenny
Ballet Pointe



Miss Laurie
Ballet



Miss Tricia
Admin Assistant



Miss Jodi
Tap, Jazz, Ballet



Miss Samantha
Jazz, Ballet,
Contemporary,
Coach



Miss Emily
Tap, Jazz, Ballet,
Pilates